

FCS/PROSTART COOKIN' AT *The Classic*



3RD ANNUAL BEEF CULINARY COMPETITION

TUESDAY, FEBRUARY 19, 2019

A culinary competition for Nebraska Family & Consumer Science students. Learn more about beef cuts, cooking methods, & Nebraska's beef industry.

2 EVENTS: Beef Appetizers & Beef Entrée



8:30–9 AM REGISTRATION (*Expo Building*) Breakfast provided by Nebraska Cattlemen Beef Pit

9–9:30 AM CONNECTING PRODUCERS TO CONSUMERS

9:30–10:30 AM CHEF PRESENTATION: *by Chef Rico, Executive Chef, The Alley Rose, Kearney*

10:30 AM–1 PM EVENT 1: Beef Appetizers – Individuals will prepare an appetizer featuring Beef. They will be evaluated on sanitation, preparation skills, presentation, and flavor.

EVENT 2: Beef Entrée – Teams of 2-3 will prepare and plate an entrée featuring beef as the protein source, along with vegetable and starch side dishes. Teams will be evaluated on flavor, presentation and preparation techniques.

11 AM–12:30 PM LUNCH
Provided by Nebraska Cattlemen's Classic

1:30 PM–2 PM AWARDS sponsored by Nebraska Cattlemen Beef Pit & Nebraska ProStart

Helping throughout the day will be the Nebraska Beef Council, NCW Promotion and Education Committee and the Nebraska Restaurant Association, Hospitality Education Foundation.

For more information & event rules, see your FCS teacher.

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